

D E C L A R A T I O N

I, hereby declare that this study was conducted by me at Swami Vivekananda Yoga Anusandhana Samsthana (S-VYASA), Bengaluru, under the guidance of Dr. Balam Pradhan, Professor of Division of Yoga and Humanities, S-VYASA University, Bengaluru and

Dr. H. R. Nagendra, Chancellor, S-VYASA University, Bengaluru.

I also declare that the subject matter of my thesis entitled “EFFECT OF YOGA ON PHYSICAL AND PSYCHO-SOCIAL WELL-BEING OF ORPHANS: A RANDOMISED CONTROLLED STUDY” has not previously formed the basis of the award of any degree, diploma, associate-ship, fellowship or similar titles.

Date:

Satya Prakash Purohit

Place: Bengaluru

(Candidate)