

## CERTIFICATE

This is to certify that this is an authentic approved copy of the thesis titled “EFFECT OF YOGA ON HEALTH-RELATED PHYSICAL FITNESS AND PSYCHO-MOTOR ABILITY IN CHILDREN WITH INTELLECTUAL DISABILITY” submitted by Vishvanath N. Pise in partial fulfillment of the requirement of the Doctor of Philosophy (Ph.D.) in Yoga. He has successfully completed the required ‘course of research’ to submit this thesis to Division of Yoga and Humanities under *Swami Vivekananda Yoga Anusandhana Samsthana* as per the regulations of the university. We also declare that the subject matter of this thesis has not been previously formed the basis of the award of any degree, diploma, associate-ship, fellowship or similar titles.

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(Guide)

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# स्वामी विवेकानन्द योग अनुसंधान संस्थान

## Swami Vivekananda Yoga Anusandhāna Samsthāna

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### Certificate

The doctoral committee confirms that this is an authentic and approved copy of the thesis and it has been reviewed and approved by two experts.

The doctoral committee recommends the award of PhD degree to the candidate as follows:

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Title of the Thesis: effect of yoga on health-related physical fitness and psychomotor ability in children with intellectual disability

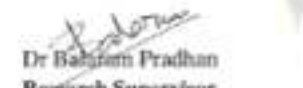
#### Viva-Voce Examination Details:

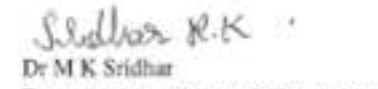
Date: 12<sup>th</sup> November, 2019

Day: Tuesday

Venue: Seminar Hall, Anvesana Research Laboratories, S-VYASA, Bengaluru

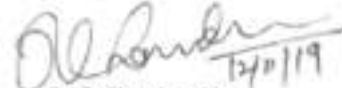
  
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## **DECLARATION**

I hereby declare that this study was conducted by me at *Swami Vivekananda Yoga Anusandhana Samsthana (S-VYASA), Bengaluru* under the guidance of Dr. Balaram Pradhan, Associate Professor, S-VYASA University, Bengaluru and Dr. Manmath Gharote, Director, Lonavla Yoga Institute, Lonavla.

I also declare that the subject matter of the thesis entitled “**EFFECT OF YOGA ON HEALTH RELATED PHYSICAL FITNESS AND PSYCHO-MOTOR ABILITY IN CHILDREN WITH INTELLECTUAL DISABILITY**” has not previously been formed the basis of the award of any degree, diploma, associate-ship, fellowship or similar titles.

**Date: 12/11/2019**

**Vishvanath N. Pise**

**Place: Bengaluru**

Reg. No.: Ph.D./Cat3/20/Aug 12

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