

## स्वामी विवेकानन्द योग अनुसंधान संस्थान

## Swami Vivekananda Yoga Anusandhāna Samsthāna

(Declared as Deemed-to-be University under Section 3 of the UGC Act, 1956)

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## Certificate

The Doctoral Committee confirms that this is an authentic approved copy of the thesis titled - "OPTIMAL AND EFFICIENT REGULATION THROUGH YOGA: A GENE EXPRESSION STUDY".

The committee recommends the award of PhD Degree.

Name of the student

: B. RAGAVENDRASAMY

Title of the thesis "OPTIMAL AND EFFICIENT REGULATION THROUGH YOGA: A GENE EXPRESSION STUDY".

Viva Examination Details

Date: March 31st, 2018

Day: Saturday

Venue: Chancellor Office

S-VYASA (Deemed to be University)

Dr. Pilankatta Rajendra, PhD

External Examiner and Associate Professor,

Department of Biochemistry, School of Biological Science,

Central University of Kerala,

Dr. Manjunath N K, PhD

Guide and Professor

S-VYASA, Bangalore

Dr. R Chandrasekhar, PhD

Dean of Academics

S-VYASA, Bangalore

Dr. Ramesh M N, PhD

Co-Guide and Professor

S-VYASA, Bangalore

Dr. Sandhya Thumsi L, MBBS, MSc

Dean of Yoga and Life Sciences

S-VYASA, Bangalore

**DECLARATION** 

I, hereby declare that this study was conducted by me at Swami Vivekananda Yoga Anusandhana

Samsthana (S-VYASA) under the guidance of Prof. Manjunath NK, Director, Research and

Development and Prof. Ramesh MN, Head, Molecular Bioscience Laboratories of Swami

Vivekananda Yoga Anusandhana Samsthana, Bangalore.

I also declare that the subject matter of my thesis entitled, 'Optimal and efficient regulation with

Yoga: A Gene Expression Study' has not previously formed the basis of the award of any degree,

diploma, associate-ship, fellowship or similar titles.

Place: Bangalore

B. RAGAVENDRASAMY

Date:

(Candidate)