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8.2	Satish, V., Rao, R.M., Manjunath, N.K., Amritanshu, R., Vivek, U., Shreeganesh, H.R., and Deepashree, S. (2018). Yoga versus physical exercise for cardio-respiratory fitness in adolescent school children: a randomized controlled trial. <i>International Journal of Adolescent Medicine and Health</i> . doi: 10.1515/ijamh-2017-0154.	
8.3	SP Vhavle, RM Rao, NK Manjunath - "Comparison of Yoga vs	

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