

CERTIFICATE BY THE GUIDE

I hereby certify that the thesis entitled "*Role of yoga and its possible mechanism involved in Type-2 diabetes mellitus related DNA damage and repair - a Randomized Control Trial*" submitted by Mr. Rajesh G Nair, research scholar, for the award of Doctor of Philosophy in Yoga to the Swamy Vivekananda Yoga Anusandhana Samsthana(S-VYASA), Bengaluru, is the result of research work carried out by him in the Molecular Bioscience Lab, Anvesana Research Labs, (S-VYASA), Bengaluru under my guidance during the period 2015-2021. Also, this is a record of original work carried out by him in this institution and has not previously formed the basis for the award of any degree, diploma or associateship.

Date: 18/05/2021



Place: Bengaluru

Research Guide: Dr Ramesh M N

DECLARATION BY THE RESEARCH CANDIDATE

I, Rajesh G Nair, here by declare that this thesis title “*Role of yoga and its possible mechanism involved in Type-2 diabetes mellitus related DNA damage and repair - a Randomized Control Trial*” is the result of bona-fide research work carried out by me at Molecular Bioscience Lab, Anvesana Research Labs, Swami Vivekananda Yoga Anusandhana Samsthana(S-VYASA), Bengaluru, during the period 2015 - 2021 under the supervision of Dr M N Ramesh, Professor & HOD, Molecular Bioscience Lab and & Dr Mithila M V, Asst. Professor, Molecular Bioscience Lab, Anvesana Research Labs, S-VYASA, Bengaluru.

I also declare that this research work has not formed the basis for award of any degree, diploma, associateship, fellowship or similar titles in this or any other university.



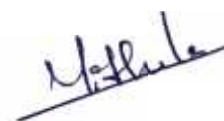
Date: 18/05/2021

Research scholar: Rajesh G Nair



Place: Bengaluru

Research Guide:Dr Ramesh M N



Co-Guide: Dr Mithila M V