

ABSTRACT

Background:

Mental Health Disorders among the young adolescents is a common transitional phase issue among all human beings. With the changing societal environment and life style this phase of unprecedented change if not understood and dealt with sensitivity can lead to dangerous outcomes like bad habits, substance abuse and fatal decisions that may have deep negative impressions.

Design:

Survey Study.

Method:

About 500 young adolescents, age range 12-14 of both genders, from two different schools at Kolhapur, Maharashtra, were included for the study. Mental Health Disorders were assessed using RCADS and related outcomes were analysed by Mean and Standard Deviation.

Result:

There is a prevalence of Mental Health Disorders among the young Adolescents in Kolhapur. The Scores for various Disorders were as follows Percentage of the total of average scores accounting for :MDD- 36% , Anxiety-64% .

Though percentage of children in each category were much less specially depression, as compared to the national survey conducted by WHO.

In comparing the two schools it was found that the school catering to Upper Middle class had higher scores, of Mental Health Disorders than the one catering to Middle – Lower, Middle class of the society.

Key Words:

Mental Health Disorders, MDD, and Anxiety.