

**SWAMI VIVEKANANDA YOGA ANUSANDHANA SAMSTHANA
(S-VYASA)**

(declared as Deemed-to-be University under Section 3 of the UGC Act, 1956)

FINAL EXAMINATION
NTTC T 01 Anatomy

Date : 23-May-2011

Time : 1Hr 30min

MaxMarks:50

Note:

- 1) Answers must be specific to the questions.
- 2) Handwriting must be legible.
- 3) Write an appropriate *diagram* if necessary.

Write an essay on the following questions.

5 X10 = 50 Marks

1. Identify the specimen and explain briefly with a neat diagram.
2. Explain how knowledge of human anatomy for a yoga practitioner or yoga teacher is necessary.
3. What are the eight major joints in human body? Explain along with movements of the joint.
4. What are the four major concepts of the bones in human body? Explain briefly with examples.
5. As a naturopathy /ayurveda therapist, how this knowledge of human anatomy is helps in your career. Substantiate.

*****WISH YOU ALL THE BEST*****